

Anti-Bullying at St Anne's Infants' School



What is Bullying?

Bullying is hurting someone or making a person feel sad or scared, on purpose, over and over again. It is not when an unkind thing happens only once or by accident.

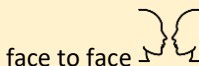
Several
Times
On
Purpose



Bullying can be...

- saying unkind things to somebody or whispering unkind things about somebody else
- shouting at or teasing another person
- saying somebody can't join in
- saying unkind things about how somebody looks, what they are wearing or what they are doing
- saying unkind things about somebody's body

Bullying can happen...



or online on a phone, tablet or computer



Bullies might...

be jealous of other people's friendships
have been bullied themselves or understand what bullying is
be jealous of other people's talents
feel angry or bad about themselves

We will always take bullying seriously

If you are bullied...

- ask them to STOP if you can
- walk away
- **TELL SOMEONE you trust**

What should I do if I see someone else is being bullied?

- Tell the bully to stop if it is safe to do so
- **TELL SOMEONE your trust**

