

## Curriculum Map: Physical Education

	Key Knowledge and Skills	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Reception 3-4</b>	<ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others</li> <li>Demonstrate strength, balance and coordination when playing</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>	<b>Real PE</b> Coordination: footwork  Static balance: one leg	<b>Real PE</b> Dynamic balance to agility: jumping and landing  Static balance: seated	<b>Real PE</b> Dynamic balance: on a line  Static balance: stance	<b>Real PE</b> Counter balance: with a partner  Coordination: ball skills	<b>Real PE</b> Agility: reaction / response  <i>Coordination:</i> sending and receiving	<b>Real PE</b> Agility: Ball chasing  <i>Static balance:</i> floor work
<b>Enrichment</b>			Forest school	Forest school	Forest school	Forest school	
<b>Year 1</b>	<ul style="list-style-type: none"> <li>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>Participate in team games, developing simple tactics for attacking and defending</li> <li>Perform dances using simple movement patterns</li> </ul>	<b>PE 1: Real PE</b> Coordination: footwork Static balance: one leg  <b>PE 2:</b> Playground games	<b>PE 1: Real PE</b> Dynamic balance to agility: jumping and landing Static balance: seated <b>PE 2: Gym – shape and travel</b>	<b>PE 1: Real PE</b> Dynamic balance: on a line  Static balance: stance <b>PE 2: Gym- Flight and rotation</b>	<b>PE 1: Real PE</b> <i>Counter balance:</i> with a partner  <i>Coordination:</i> ball skills  <b>PE 2: Dance- Cognitive. shapes, artistry, partnering, circles</b>	<b>PE 1: Real PE</b> Agility: reaction / response  <i>Coordination:</i> sending and receiving <b>PE 2: Dance shapes, artistry, partnering, circles</b>	<b>PE 1:Real PE</b> Agility: Ball chasing  <i>Static balance:</i> floor work  <b>PE 2: Sports Day practise and preparation</b>
<b>Enrichment</b>			Forest school	Forest school	Forest school	Forest school	
<b>Year 2</b>		<b>Real PE</b> Coordination: footwork  Static balance: one leg  <b>PE 2:</b> Playground games	<b>Real PE</b> Dynamic balance to agility: jumping and landing  Static balance: seated <b>PE 2: Gym- shape and travel</b>	<b>Real PE</b> Dynamic balance: on a line  Static balance: stance  <b>PE 2: Gym- Flight and rotation</b>	<b>Real PE</b> <i>Counter balance:</i> with a partner  <i>Coordination:</i> ball skills  <b>PE 2: Dance shapes, artistry, partnering, circles</b>	<b>Real PE</b> Agility: reaction / response  <i>Coordination:</i> sending and receiving  <b>PE 2: Dance shapes, artistry, partnering, circles</b>	<b>Real PE</b> Agility: Ball chasing  <i>Static balance:</i> floor work  <b>PE 2: Sports Day practise and preparation</b>
<b>Enrichment</b>							