

THE SOUTH WEST GAMBLING

SERVICE

Providing **FREE** confidential support to people across the South West affected by gambling addiction.

- Cognitive Behavioural Therapy
- Group sessions
- Virtual sessions

If you're worried about how gambling makes you or someone else feel, we can help.



Avon and Wiltshire
Mental Health Partnership
NHS Trust

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Let's Talk

Gambling

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0330 022 3175